

Name:	Suicide Prevention Action Plan		
Duration:	2017-20		
Relevant strategies:	Joint Health and Wellbeing Strategy, Mental Health Strategy		
Board responsible for monitoring action plan:	Health and Wellbeing Board		
Owner:	Nicole Klynnan/ Tizzy Keller		
Review date:	Jun-18	Frequency of monitoring/reporting:	annual

Priority:	Reduce the Risk of Suicide in Key high risk groups						
Objective (if applicable):	To reduce the risk of suicide for young and middle-aged men and women						
Ref:	Action:	Start:	End:	Measure/outcome:	Lead officer/partner:	Update	RAG rating
1.1	Promote the training of frontline staff in organisations including the City of London Police, the Metropolitan Police and staff who work near at risk locations in mental health first aid to help them engage men and women in conversations about - Wellbeing and mental health - Accessing appropriate information/self-help support	Jun-17	Ongoing (annual updates)	- Number of frontline staff trained - Training material - Promotion of training - Examples where training has been used to good effect	Public health	A 2-day Adult MH First Aid session was hosted at Guildhall in Apr-18. 11 free places given to staff from CoL commissioned providers. PH team looking into whether appetite for further sessions. City of London Corporation hosted a suicide prevention awareness event as part of Thrive in the City for the Emergency Services (Apr-18), which is a day-long London-wide programme of events (CoLP, Met Police, LFB and LAS in attendance). Tizzy Keller and Sgt Mark Montgomery led the session	Green
1.2	Promote and provide information, training and supporting resources to City employees through Business Healthy member organisations including Small to Medium Enterprises. for SMEs	Jun-17	Ongoing (annual Updates)	- Information relevant to suicide on the Business Healthy resource pages - Number of Business Healthy members	Public health Business Healthy	1080 individual members, representing 750 different organisations. Paid-for sessions have been implemented - 2 have been delivered in partnership with Samaritans so far and further quarterly sessions through 2018 will be held. This has raised funds for Samaritans Central London	Green
1.3	Support City of London businesses to achieve the London Healthy Workplace Charter award and also to comply with HSE Stress Management Standards and NICE Guidance	Jun-17	Ongoing (annual updates)	- Number of businesses which have achieved the London Healthy Workplace Charter	CoL Port health and public protection Business Healthy	Dragon Café in the City has been running since Feb-18 and is currently being evaluated against CoLC and other objectives. BH continues to promote the LHWC and HSE mental health-related information and resources	Green
1.4	Promote 24/7 crisis hotlines with a marketing campaign targeting primarily resident and City worker males (using Kent's Release the Pressure campaign).	Jun-17	Initial 4 week push then ongoing (update to HWBB September 2017)	- Tube/rail and digital adverts (June – 17 th July) - Number of clicks onto website - Follow up survey (September 2017)	Public Health	campaign seen a total of 30 million times across the four week initial campaign (Tube, rail and digital ads alone, not including press coverage, etc. 10x increase of visits to the MH webpage of the CoLC website during the campaign. RTP is an ongoing campaign and has also been continued through Dragon Café in the City's promotion and branding	Green
1.5	Train barbers in the City of London to talk to men about emotional health/the Release the Pressure campaign/five to thrive.	Jun-17	Ongoing (6 month updates)	- Number of barbers who undertake training - Feedback from barbers on how this is perceived and used - Exposure of campaign	Public Health CCG	Market research has been done with 10 barbers in the City and only one was interested. These barbers will be invited to take part in the street pastor suicide prevention training	Red
1.6	Provide suicide prevention training to primary care professionals	Jun-17	Dec-17	- Number of practice nurses who have had mental health training	CCG	The CCG have an annual update for primary care on Dec 1 st 2017 which is looking at the local suicide data and discussing crisis plans. The CCG have arranged suicide prevention training for NHS professionals. ELFT putting together a support package on mental health training for Primary Care nurses. The CCG also arranged training during MH awareness week for GPs on prevention.	Green
1.7	Implement the 'Street Triage Pilot'. Advanced Mental Health Practitioner to accompany the City of London Police on callouts at peak times.	May-17	Dec-17	- Evaluation of the 'Street Triage Pilot'	ELFT City of London Police	Street Triage will go to 7 nights per week from June 2018 and the most recent evaluation has taken place december 2017 Street Triage continues to reduced the number of potential s136s by 48%	Green
1.8	Street Pastors to be positioned at high risk locations in the City at high risk times.	Jun-17	To begin by June 2018 and ongoing	- Street Pastors regularly patrolling the City.	City of London Police	The police and street pastors working every weekend with 2 teams of 3 street pastors they are now including high risk locations in their patrols. Suicide prevention training for street pastors planned for 2018.	Green

1.9	City of London Corporation commissioned services to promote suicide awareness campaign where appropriate	Jun-17	To be on website by September 2017 and ongoing	Add 'Suicide awareness / prevention' component to Stress and the workplace section of drug and alcohol talks delivered to City businesses.	WDP Square Mile Health	They have updated their training to increase focus on MH and suicide prevention in the drug and alcohol training	Green
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Priority:	Tailor approaches to improve mental health in specific groups
Objective (if applicable):	Tailor approaches to improving the mental health of children and young people in the City of London

Ref:	Action:	Start:	End:	Measure/outcome:	Lead officer/partner:	Update	RAG rating
2.1	Provide training to increase knowledge of children and young people's emotional health, self-harm and suicide risk awareness amongst practitioners across a range of settings, in particular <ul style="list-style-type: none"> school nurses teachers clinicians Social Workers police probation staff school staff community workers. 	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Number of practitioners to have been offered mental health first aid training Number of practitioner to have taken up mental health first aid training 	Public health	<p>Public Health and Education unit will commission youth MH first aid training for teachers from City schools in the second half of the summer term.</p> <p>Young Hackney offer a range of talks about emotional and mental health for students, teachers and parents at City schools.</p> <p>As part of the CAHMS transformation programme, SJC have mental health worker and staff have been trained in the Anna Freud methodology.</p> <p>The City of London Police are delivering a 2hr suicide awareness session focusing on young people that helps participants understand the issue of suicide and how they can prevent it in their communities. Aimed at young people and those working with young people from across the City of London.</p>	Green
2.2	Improve mental health among specific groups through the implementation of the Mental Health Strategy	Apr-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Annual progress of the mental health action plan. 	Public Health	Completed an update in May- over 90% of actions are green. The Mental Health Strategy and action plan will be updated in the second half of 2018.	Green
2.3	Identify and support children/young people/vulnerable families where children are at risk of emotional and behavioural problems	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Every Looked After Child who needs it has a suicide prevention plan. 	City of London Children's Social Care	It is standard procedure for every child who needs a suicide prevention plan to be given one	Green
2.4	Help parents to feel competent in protecting their children from harmful suicide-related content online by raising awareness of e-safety education on good practice	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> E-training module for parents to be disseminated to schools. 	CHCSB	The training module has been developed and disseminated to schools.	Green
2.5	Migrant mental health – Ensure there are services to support migrants and undocumented individuals to access mental health services, particularly Care Leavers.	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Enhanced mental health service commissioned for Looked After Children and Care Leavers 	City of London Children's Social Care	The enhanced mental health service is in place	Green
2.6	Social Prescribing – encourage adopting of the Five to Thrive principles to enhance wellbeing, reduce social isolation, provide peer support, reduce depression and build resilience	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Promotion of CCG lead five to thrive campaign 	CCG	The five to thrive steering group is established. The principles have been further embedded in psychological services and GP depression reviews. All pharmacies can access FTT leaflets to distribute to patients	Green
2.7	Adapt the Public Health England document 'Identifying and responding to Suicide Clusters and Contagion' so shapes a local response.	Jun-17	Jun-18	<ul style="list-style-type: none"> Document produced 	CHCSB	The draft document is in place but has yet to be finalised. It needs some more clarification and detail regarding responsibilities.	Amber
2.8	Commission suicide prevention training specific to raising awareness of the risks to children and young people	Jun-17	Jun-18	<ul style="list-style-type: none"> Deliver 2 courses in the City of London 	Public Health	The City of London Police with suicideTALK are delivering a 2hr suicide awareness session in May focusing on young people that helps participants understand the issue of suicide and how they can prevent it in their communities. Aimed at young people and those working with young	Green

Priority:		Reduce access to the mean of suicide					
Objective (if applicable):		Reduce the opportunities people have to commit suicide in the City of London					
Ref:	Action:	Start:	End:	Measure/outcome:	Lead officer/partner:	Update	RAG rating
3.1	Include suicide risk in health and safety considerations by local authority planning departments and Environmental Health Officers and developers	Jun-17	Jan-19	<ul style="list-style-type: none"> · Suicide considerations in standard risk assessment/health and safety tick box template. · Suicide considered in Health Impact Assessments 	Col Planning and Port Health and public protection	Col health and safety team see all planning apps and give comments where appropriate. Comments are picked up by the planning committee who are aware of suicide prevention work	Green
3.2	Evaluate 'The London Bridge Pilot' to reduce suicide and attempted suicide at this location	Apr-17	Sep-17	<ul style="list-style-type: none"> · Evaluation to Health and Wellbeing Board 	Public Health	The evaluation was delayed due to lack of resource but it is currently underway.	Amber
3.3	Work with the Samaritans, East London Foundation Trust (ELFT) and City and Hackney Mind to develop a sustainable model of suicide prevention developed as part of the Bridge Pilot to City of London Workers	Apr-17	Ongoing (annual updates)	<ul style="list-style-type: none"> · Number of people trained · Examples where training has been used to good effect 	Public Health CoLP	Business Health and the Samaritans team have developed a sustainable model of delivery. See action 1.2 for more detail.	Green
3.4	Engage with Transport For London, the British Transport Police and network rail to identify opportunities for further prevention of suicide at their locations	Jun-17	Ongoing	<ul style="list-style-type: none"> · Relationship to be built between City of London public health and TFL/BTP/network rail 	Public Health	TK attended workshop run by network rail about suicide prevention and met BTP, network rail and greater anglia colleagues. BTP are now sharing data with PH team. TK met with the new London Underground suicide prevention lead to discuss what they are doing, areas of potential overlap and data sharing	Green
3.5	Replace the signage on the lifebuoys on the City of London Bridges to contain the message 'dial 999 and ask for the Coastguard'	Jun-17	Dec-17	<ul style="list-style-type: none"> · New signs on bridges 	RNLI City of London Built environment	Complete	Complete
3.6	Put RNLI signs on embankments to contain the message 'dial 999 and ask for the Coastguard'.	Jun-17	Jun-18	<ul style="list-style-type: none"> · Signs on embankment 	RNLI Public health	Complete	Complete
3.7	Put cameras on City of London Bridges to allow fast identification of which Bridge a person is on if they call, with monitoring at high risk times.	Jun-17	Dec-17	<ul style="list-style-type: none"> · Cameras on bridges 	One Safe City/ Secure City	Update from Novemebr 2017: One safe city is transitioning to a new programme called secure city. This work has been delayed as the transition occurs due to lack of resources in the police. There is no current timeline	Red
3.8	Work with the London Borough of Tower Hamlets and the London Borough of Southwark to get permission to place Samaritans signs on Tower and Southwark Bridges	Apr-17	Apr-18	<ul style="list-style-type: none"> · Signs on Tower and Southwark bridges. 	Public health	Signs are up on Tower Bridge and Southwark bridge.	Complete

Priority:		Provide better information and support to those bereaved or affected by suicide					
Objective (if applicable):		Those who are bereaved or affected by suicide to feel informed and supported throughout their experience					
Ref:	Action:	Start:	End:	Measure/outcome:	Lead officer/partner:	Update	RAG rating
4.1	Provide training and resources for primary care staff to raise awareness of the vulnerability and support needs of family members when someone takes their own life	Jun-17	Ongoing (annual updates)	· Number of primary care staff who have received training	CCG City of London Coroner	CCG trained their primary care staff in suicide prevention work on 1 December 2017. 40 Gps attended this training The Coroners office is routinely supporting families and providing information on their needs. Two new coroner officers have been appointed and are undergoing appropriate training. Senior coroner is introducing new processes to ensure this continues as routine procedure.	Green
4.2	Offer those bereaved as a result of suicide with a Family Liaison Officer (FLO) until the end of inquest	Jun-17	Ongoing (annual update)	· Number of people offered FLO · Number of people who take up offer of FLO	CoLP	Police offer FLOs to all families of suicides of residents. They do not have the resources to offer one to all suicides that happen in the City but all families bereaved by suicide in the Square Mile are given support and resources by the Coroner's office.	Amber
4.3	Provide bereaved families with an explanation of policies on investigation of patient suicides, opportunity to be involved and information on any actions taken as a result. Refer families to City of London bereavement services web pages	Jun-17	Ongoing (annual update)	· Proportion of families who are referred to bereavement services	CoLP	The FLO's should advise them to what is available to them, the FLO's would do their own research and find specific contacts for them to use.	Green
4.4	Engage city businesses to identify best practice regarding the mental health of its employees and promote it – particularly to those that have already experienced a suicide in their workforce.	Jun-17	Ongoing	· Follow up with businesses who have undergone training · Promote the suicide prevention agenda within City business groupings such as the City of London Business Group	CoL Health and Safety Business Healthy	Follow-up of Feb-17 session completed Aug-17. 3/22 participants of TTT element have delivered specific suicide prevention training within own organisations, with more incorporating suicide prevention awareness within more general training on mental health. Continued promotion of suicide prevention agenda to City employers and stakeholders through the	Green
4.5	Risks to be assessed by the City Corporations Health and Safety Team following on from any suicides in the workplace and any preventative /remedial measures are identified for action	Jun-17	Ongoing (annual update)	· Number of risk assessments undertaken by the CoL Health and Safety team following suicides in City of London businesses	CoL Health and Safety	The CoL health and safety team follow-up with workplaces where suicide occurs and work with colleagues to support them it where appropriate. There have been no suicides in the City where there has been a breach of health & safety legislation or good practice.	Green
4.6	Promote Public Health England 'Help Is At Hand' document to key partners and make available in City libraries	Jun-17	Jul-17	· Help is at hand document readily available in libraries.	Public Health	Done	Complete
4.7	Provide accessible, concise information on the processes and standards in a Coroner's inquiry to family members	Jun-17	Ongoing (annual updates)	· Number of families given information	The Coroner	This is standard procedure by coroners office	Green
Priority:		Support the media in delivering sensitive approaches to suicide and suicidal behaviour					
Objective (if applicable):		The media to report on suicide and suicide behaviour sensitively, taking into account guidance and support from other stakeholders.					
Ref:	Action:	Start:	End:	Measure/outcome:	Lead officer/partner:	Update	RAG

5.1	Ensure that local/regional newspapers and other media outlets: · provide information about sources of support and helplines when reporting suicide	Jun-17	Jun-20	· All suicides reported on in a sensitive and appropriate way	City of London Corporation and CoLP media Teams	The media guidelines have been shared. Media outlets don't always follow them but the CoLP and COLC media teams follow up with them when they don't.	Green
5.2	Share the 'Samaritans' Media Guidelines for Reporting Suicide with City Corporation, City Police and NHS media teams and ensure that they are aware of the sensitive nature of suicides	Jun-17	Jun-20	· Number of organisations aware of the Samaritans media guidelines	The Samaritans	The guidelines have been shared	Complete
5.3	Challenge, where possible, the publication of harmful or inappropriate material with reference to the updated laws on promoting suicide	Jun-17	Jun-20	· Evidence of challenge of harmful or inappropriate material	City of London Corporation	On-going	Green
5.4	Promote Business in the Community's "suicide post-vention toolkit for employers" to the Business Healthy network	Jun-17	Jun-20	· Posts on the Business Healthy website/ newsletter/ social media (World Suicide Prevention day - 10 September 2017) · Include as a resource in training packs	Business Healthy Public Health	Done	Green

Priority:	Support research, data collection and monitoring						
Objective (if applicable):	A comprehensive database of suicide in the City of London to be built						
Ref:	Action:	Start:	End:	Measure/outcome:	Lead officer/partner:	Update	RAG
6.1	Share local, national and international data and research on suicide prevention and effective interventions, and identify gaps in current knowledge	Jun-17	Ongoing (annual updates)	· Shared with relevant partners	Public Health	on-going	Green
6.2	Develop the mechanisms for evaluating local suicide prevention work	Jun-17	Oct-17	· Evaluation of 'the Bridge Pilot'	Public Health	See action 3.2	Amber
6.3	Work with the local Coroner in order to aid accurate data collection and aid the development of targeted suicide prevention strategies	Jun-17	Ongoing	· Joined up working and information sharing between the coroner and public health	Public Health Port Health and Public Protection	Received the data for 2015 and 2016. Data for 2017 is now being collated.	Green
6.4	Routinely collect data on attempted suicide in the City from Section 136 booklets	Jun-17	Ongoing	· 136 data to be collected by the City of London Police and shared with public health	City of London Police	s136 data is routinely collected and sent to PH team	Green
6.5	Develop an overarching data sharing agreement to allow the sharing of personal level suicide data between partners including the London Ambulance Service, British Transport Police, City of London Police and the City Corporation.	Jun-17	Dec-17	· Data sharing agreement in place and signed by all partners	One Safe City	The legal agreement had been drafted however progress on this has stalled since the one safe city project ended as there is no permanent resource within the Corporation to oversee cross agency information sharing	Red